

WORK'S MENTAL

Energising Mental Health at Work



Dr Alys Cole-King
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Consultant Liaison
Psychiatrist/Clinical Director



Dr Alys Cole-King is the first person from the UK to be awarded the Ringel Service Award from the International Association for Suicide Prevention. She was named one of the most influential women in medicine by the Medical Women's Journal and has been profiled in the Guardian, Lancet and the Psychiatrist in recognition of work with policy makers, medical royal colleges, people with lived experience, voluntary bodies and academics.

Alys collaborates with numerous organisations to improve their organisational commitment to building wellbeing and responding safely to people at risk of suicide

Alys led the development of the Connecting with People Programme and the assessment framework (SAFETool) which allows research to be linked with clinical practice. The training is delivered across a number of sectors: healthcare, education, voluntary, community and secure services, across the UK, Jersey, Ireland and Australia. A primary author of numerous papers, book chapters, webinars, podcasts and self-help resources on suicide and self-harm prevention, Alys has also contributed to several national and international e-learning modules including for the British Medical Journal. Alys is a reviewer for several globally recognised journals and leads international campaigns via social media and works with the media (film, radio and newspapers) to ensure a safe and compassionate public health message of suicide prevention.

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