

WORK'S MENTAL

Energising Mental Health at Work



Geoff McDonald

former Global VP HR Unilever

***International Advocate,
Campaigner & Consultant for
Mental Health at Work &
Co-founder of Minds @ Work***



Previously the Global Vice President Human Resources, Geoff recently left Unilever after 25 years in a global career. His career has spanned leadership, capability and talent development, organisation change, acquisitions and business transformation.

Geoff's vision is to "see purposeful companies with purposeful individuals commonplace one day," for the overall benefit of society. He presents and consults globally with the aim of inspiring organisations to put purpose and wellbeing at the centre of everything they do.

Geoff previously convened a meeting with David Cameron and CEOs from FTSE 100 Companies to address their role and agree actions to break stigma in the corporate world and he has provided some support to the Royal Foundation in its mental health campaign.

Geoff is married with two girls. He loves the outdoors, is a passionate cyclist and swimmer and has completed a number of ultra cycling events both on and off road.

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